

MIDDLESEX COUNTY BASED IN-HOME SUPPORT

Healthy Futures

BE YOU. BE HEALTHY.



Our certified Healthy Futures Parent Educators have been trained to advise families and provide in-home support.

Healthy Futures is for expecting parents and families with children, birth - 5 years old

We help new and expecting families

- Learn the power of nurturing relationships
- Recognize your child's strengths and potential
- Focus on your child's development and foster skills for school readiness
- Access supportive services and resources
- Education and support groups
- Prenatal and postnatal support

For more information visit
www.childandfamilyagency.org

Healthy
Futures

Healthy Futures is a program of Child and Family Agency of Southeastern CT, Inc. in collaboration with Middlesex Health and the Connecticut Community Doula, LLC and funded by the CT Office of Early Childhood.

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